

I will be a good friend by...

Say something nice about the person sitting next to you

Offer to help someone who is having difficulty in your class or lesson

Apologise for something you did by accident (or not)

Invite someone who doesn't normally sit with you to join you at lunch

Go out of your way to speak to someone you don't normally speak to

Admit to doing or saying something that made someone else feel bad

Ask for help if you need it

Tell someone the thing you most admire about them

I will be a good friend by...

Greet someone with a smile

Tell someone something
they've done really well

Thank someone for helping you,
whether in or out of school

Ask someone something about
what they're interested in, and
really pay attention to the
answer

Find out something new
about someone you're
already friends with

Tell your friends what they
do for you that makes you
happy