

Scenario 1

Jemal and his family moved to the UK recently, leaving their house and some of their family and friends behind. Jemal just started at his new school. The teachers and pupils are all nice to him, but everything is very different and Jemal doesn't know how to act. He used to be loud and make lots of jokes with his friends, but now he stays quiet in lessons and doesn't sit with anyone at break time. He feels very alone.

What might they be grieving for?

How are they behaving?

How might they be feeling now?

How might they feel in a year's time?

What could they do to help manage their feelings?
