

**Scenario 2**

Last month, Tara's parents told her that they were separating and that her Dad was going to live somewhere else. Tara thought that she should be very brave about it, and not cause a fuss. She thought that if she was on her best behaviour and helped her parents at home, then her Dad wouldn't need to leave. But last weekend, her Dad moved out of their house. Tara had a big fight with her Mum and feels very angry.

What might they be grieving for?

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How are they behaving?

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How might they be feeling now?

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How might they feel in a year's time?

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What could they do to help manage their feelings?

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