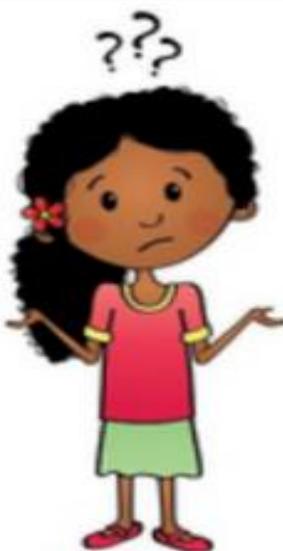


Sometimes I might need to ask for help when...



I don't know what to do



It is difficult to do something by myself

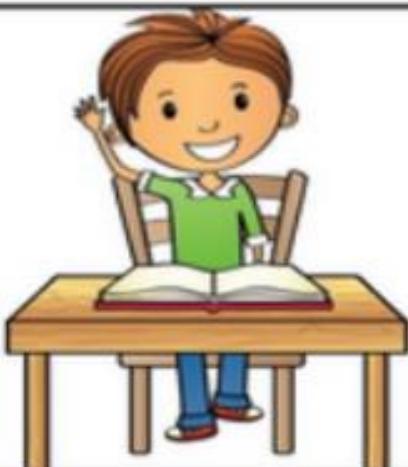


I am worried about safety



I am feeling overwhelmed

I can ask for help. To ask for help I can...



If I'm in class I can raise my hand and wait until the teacher is ready



I can use my words



I can use a picture.
If I have one