

SELF-CONTROL SORT

Read each scenario and cut them out. Then sort them.

Shows Self-Control

DOESN'T Show Self-Control



You are very excited, so you scream loudly.

Your feelings are hurt, so you write a letter.

You get angry, so you throw your book box against the wall.

You wait patiently to eat dessert until your mom says it's okay.

You are feeling angry, so you count to 30.

You yell, "I need to use the restroom" while your teacher is talking.

You are excited, so you tell your friend about it.

You are upset, so you throw a tantrum in the hallway.