

My Brain Makes ME, ME!

Name: _____

My brain is FANTASTIC!

What are some of my strengths? (Use pictures and words)

My brain is ELASTIC!

What are some parts of your brain that you want to stretch? (Use pictures and words)

Fight, Flight, Freeze!

When I am worried about a threat or danger my brain tells my body to...
(Choose one of the responses that fits you best and use pictures and words)