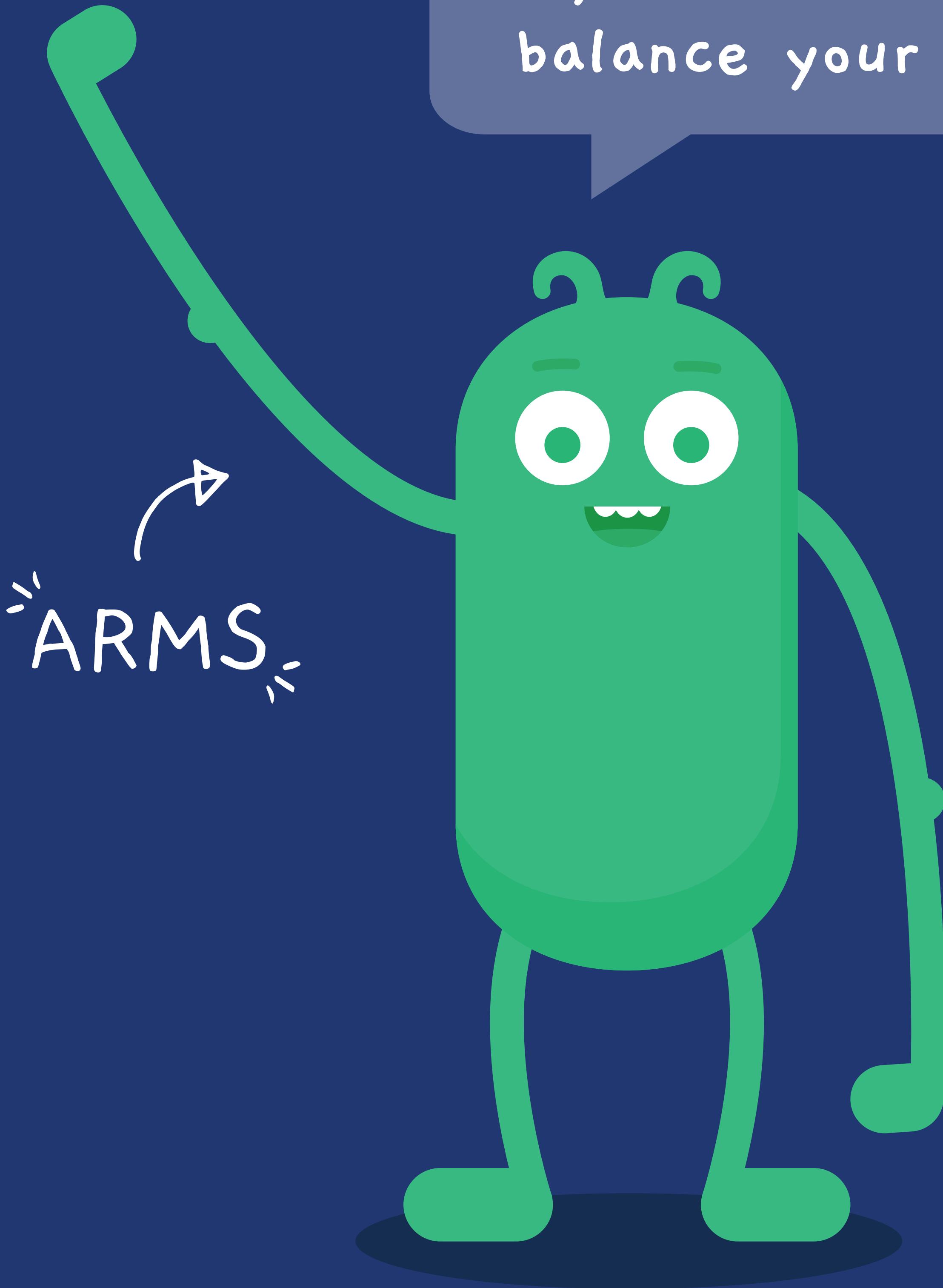


Use your arms when  
you're online to  
balance your time!



MEDIA BALANCE & WELL-BEING

We find balance  
in our digital lives.

Use your legs  
to stand up to  
bullies online!



CYBERBULLYING, DIGITAL DRAMA & HATE SPEECH

We are kind & courageous.

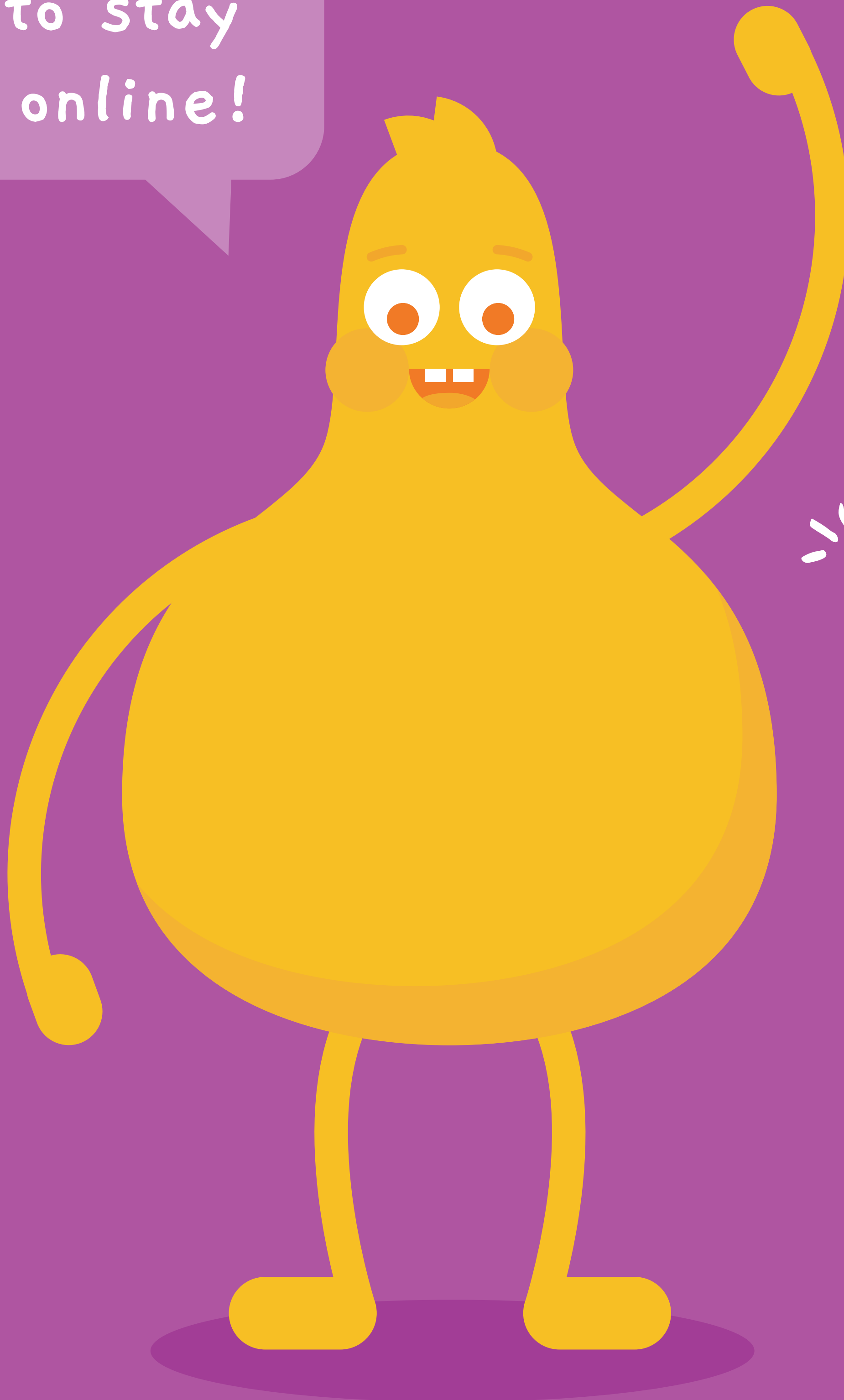
Use your feet  
carefully when leaving  
tracks online!



DIGITAL FOOTPRINT & IDENTITY

We define who we are.

Listen to your  
gut to stay  
safe online!



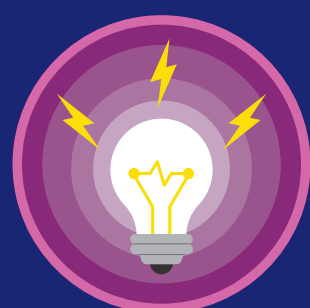
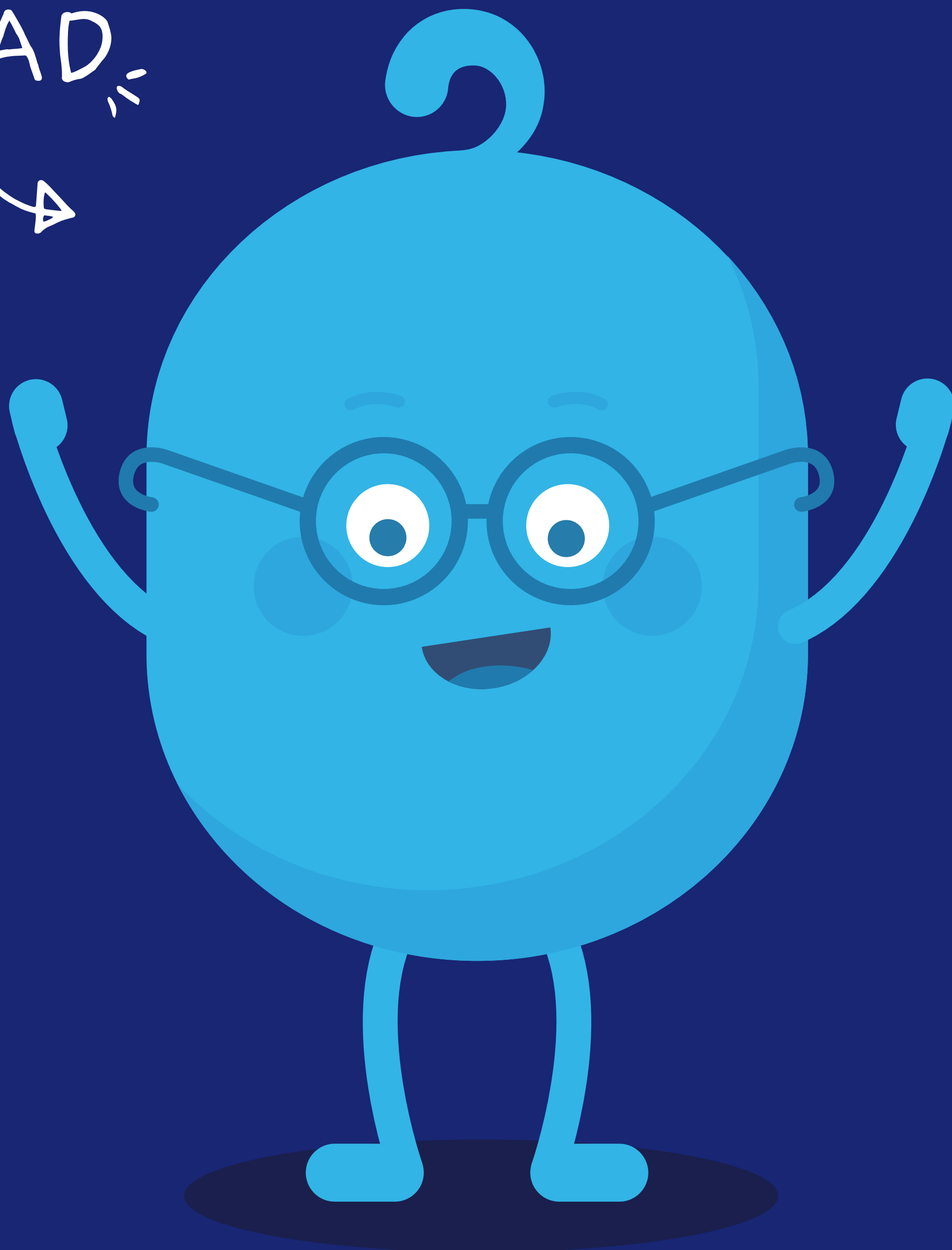
"GUTS"  
↙



PRIVACY & SECURITY  
We care about  
everyone's privacy.

Use your head to  
ask questions about  
what you see online!

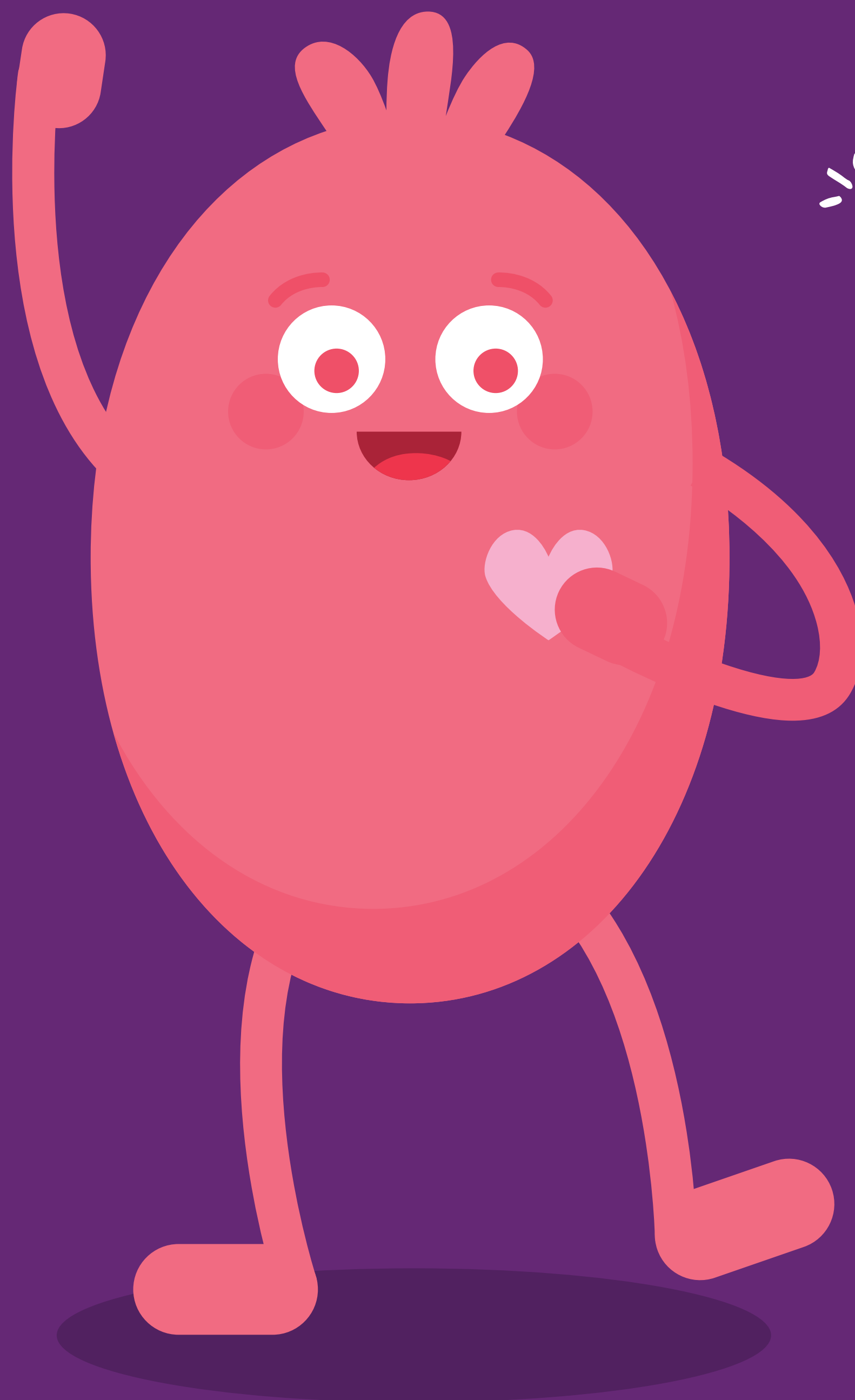
HEAD  

NEWS & MEDIA LITERACY

We are critical  
thinkers & creators.

Use your heart  
to be kind and  
respectful online!



HEART  
↙



RELATIONSHIPS & COMMUNICATION

We know the power  
of words & actions.