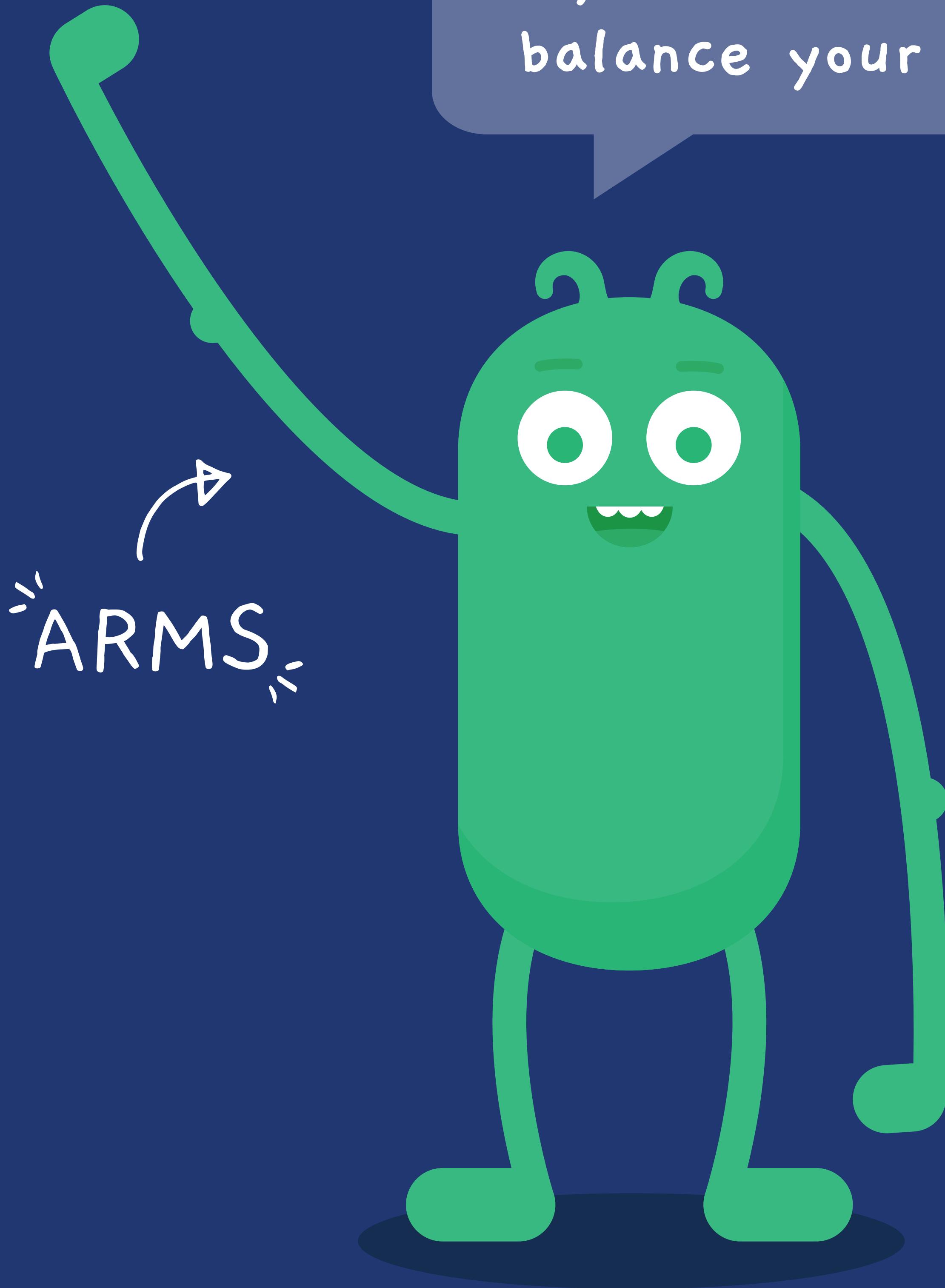


Use your arms when
you're online to
balance your time!



MEDIA BALANCE & WELL-BEING

We find balance
in our digital lives.

Use your legs
to stand up to
bullies online!



CYBERBULLYING, DIGITAL DRAMA & HATE SPEECH
We are kind & courageous.

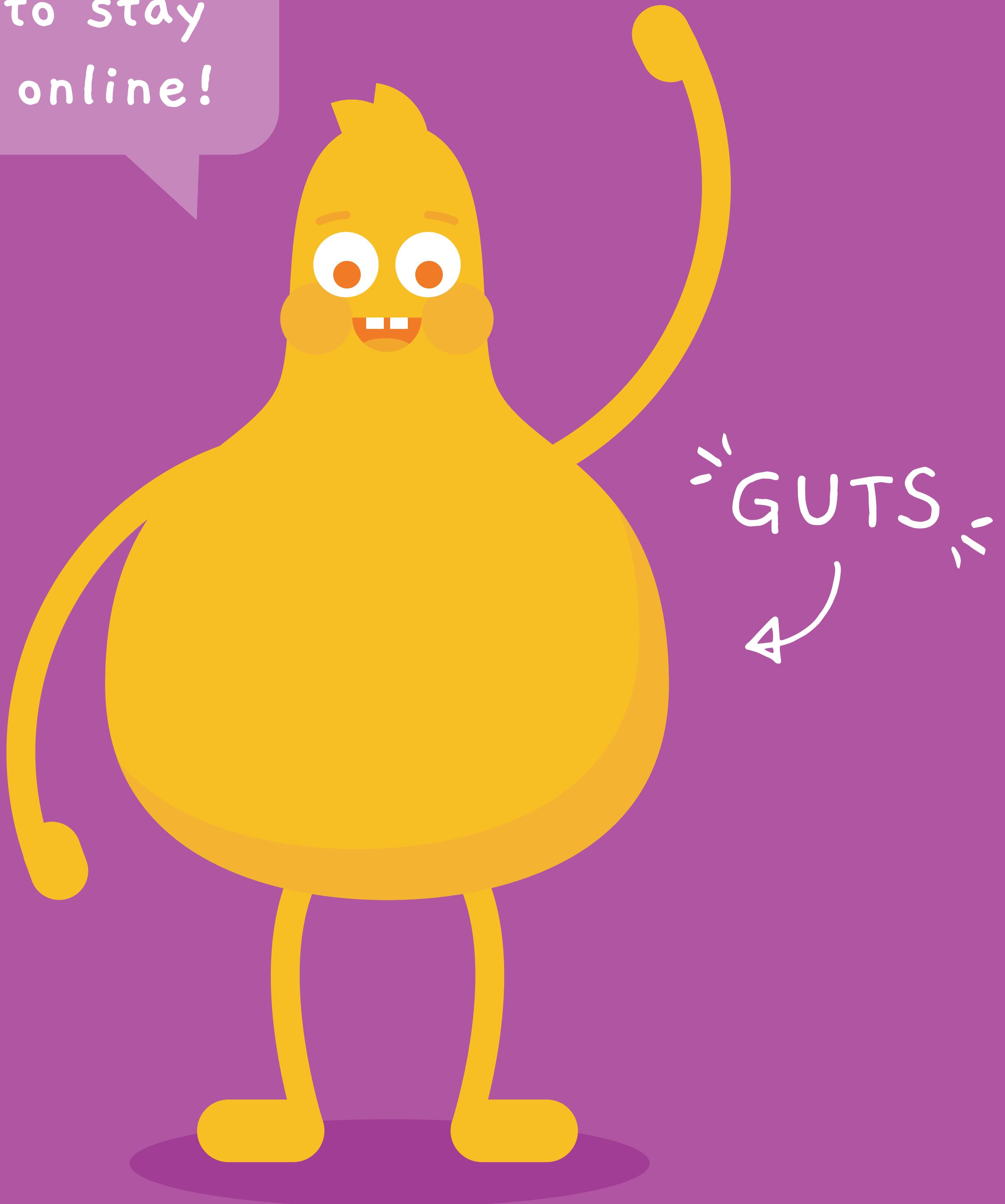
Use your feet
carefully when leaving
tracks online!



DIGITAL FOOTPRINT & IDENTITY

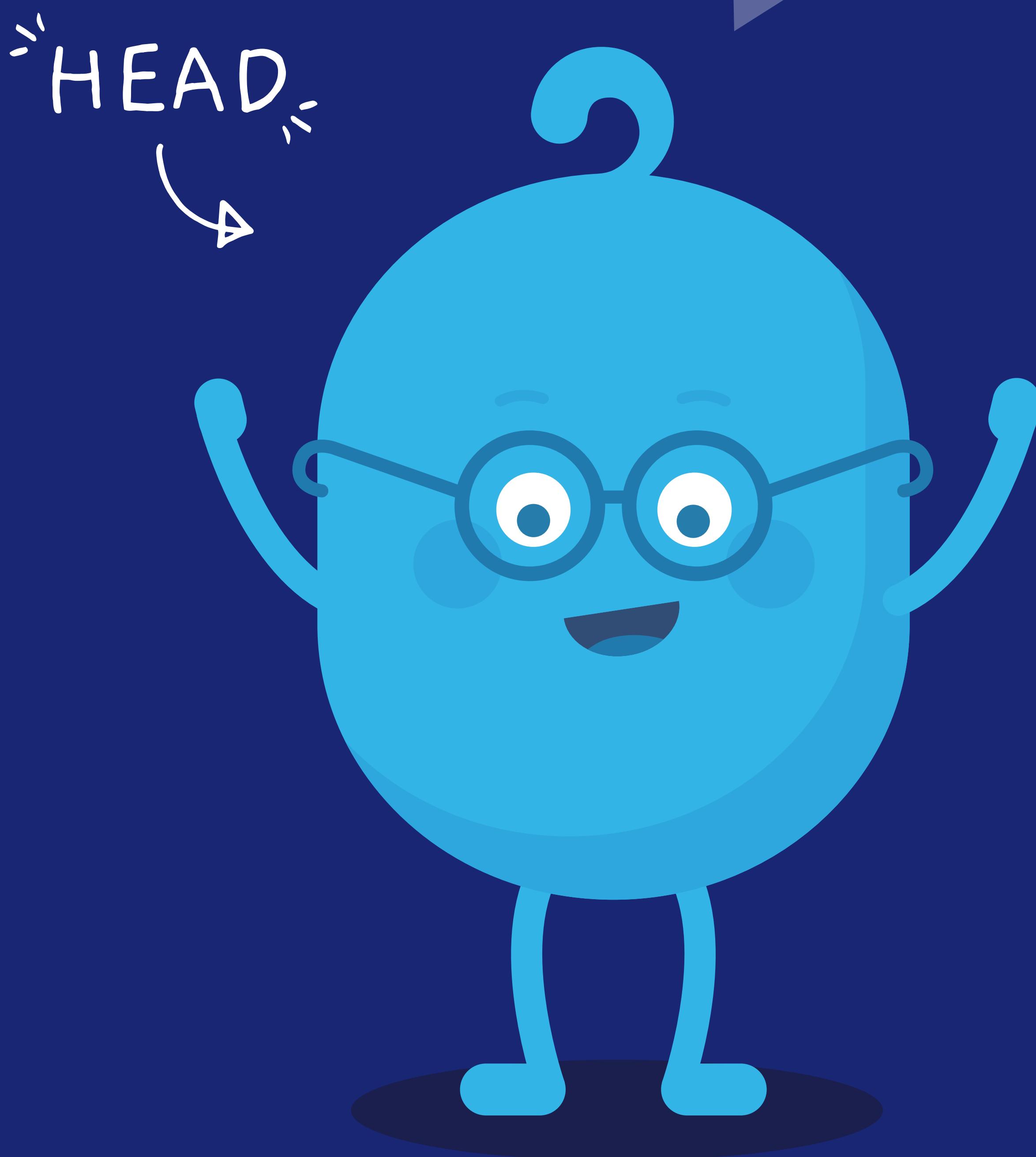
We define who we are.

Listen to your
gut to stay
safe online!



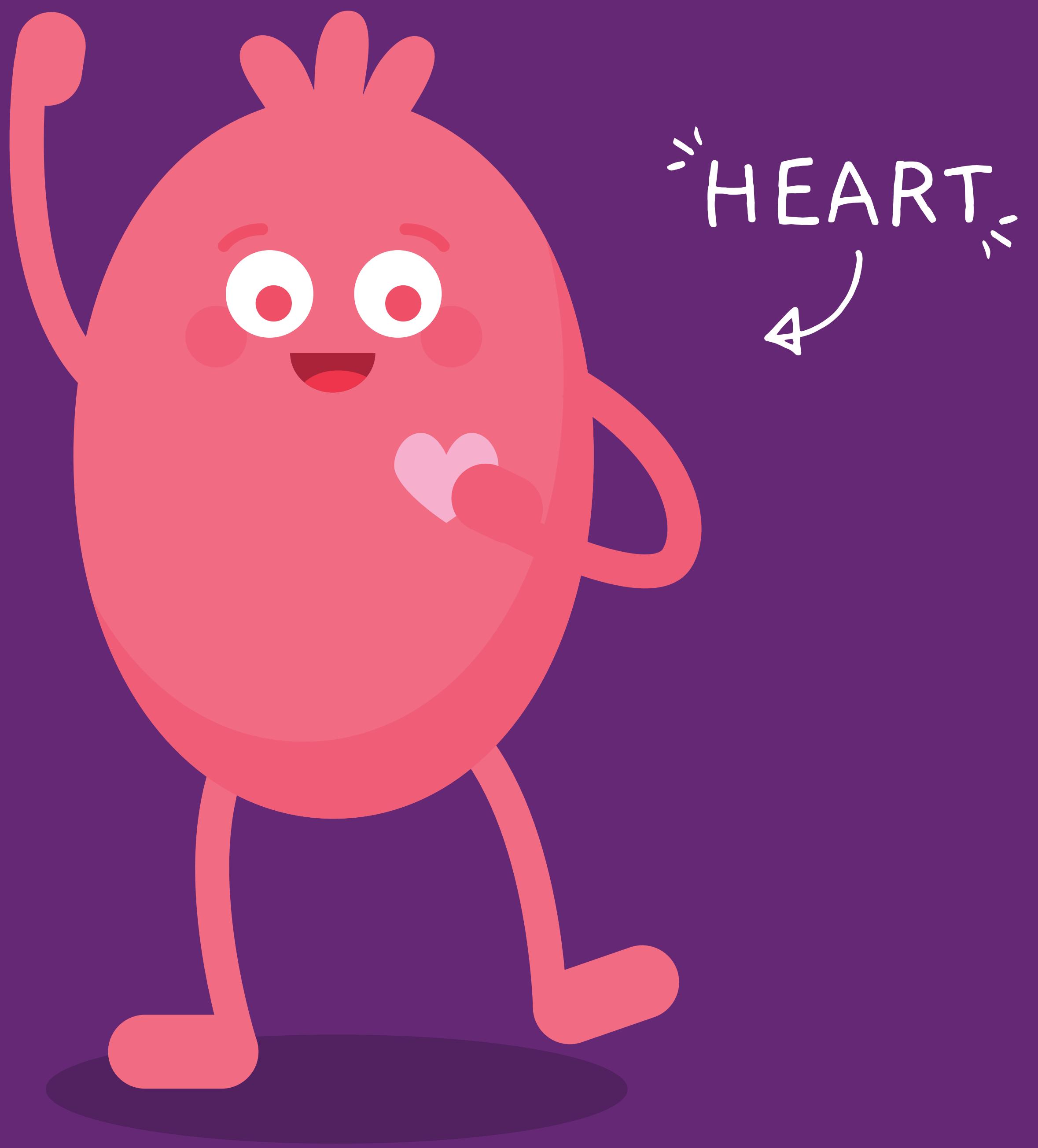
PRIVACY & SECURITY
We care about
everyone's privacy.

Use your head to
ask questions about
what you see online!



NEWS & MEDIA LITERACY
We are critical
thinkers & creators.

Use your heart
to be kind and
respectful online!



RELATIONSHIPS & COMMUNICATION
We know the power
of words & actions.